

**K** Hook

(1,6,11,16,21,26,31)

**7** Diamond

(4,9,14,19,24,29,34)

**2** Diamond

(2,7,12,17,22,27,32)

(inter)

(inter)

Diamond

(5,10,15,20,25,30,35)

Two Step

(3,8,13,18,23,28,33)